

FEBRUARY 2019						
BREAKFAST MENU						Menu subject to change without notice
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1					1 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.25 ADULT \$2.00 A LA CARTE ENTREE \$1.50 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk ADDITIONAL BREAKFAST CHOICES: Cereal Pop Tarts Fresh Fruit STISD Child Nutrition Dept. (956)514-4230
W E E K 2	4 Bacon, Egg & Cheese Bagel Sandwich Mini Cinnamon Rolls Orange Juice Milk Choice	5 Chicken Biscuit Kolache Chocolate filled Crescent Breakfast Smoothie w/muffin Orange Juice Milk Choice	6 Breakfast Skillet Bowl Mini Strawberry Bagel Orange Juice Milk Choice	7 Beef Tamales Grape Filled Crescent Breakfast Smoothie w/muffin Homemade Salsa Orange Juice Milk Choice	8 Potato & Egg Taco Mini Strawberry Cream Bagel Homemade Salsa Orange Juice Milk Choice	
W E E K 1	11 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice	12 Breakfast Bar w/Mini loaf Mini Blueberry Waffle Breakfast Smoothie w/Muffin Orange Juice Milk Choice	13 Breakfast Pizza Mini Strawberry Cream Bagel Orange Juice Milk Choice	14 Pancake on a Stick Chocolate Filled Crescent Breakfast Smoothie w/Muffin Orange Juice Milk Choice	15 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	
W E E K 2	18 Bacon, Egg & Cheese Bagel Sandwich Mini Cinnamon Rolls Orange Juice Milk Choice	19 Chicken Biscuit Kolache Chocolate filled Crescent Breakfast Smoothie w/muffin Orange Juice Milk Choice	20 Breakfast Skillet Bowl Mini Strawberry Bagel Orange Juice Milk Choice	21 Beef Tamales Grape Filled Crescent Breakfast Smoothie w/muffin Homemade Salsa Orange Juice Milk Choice	22 Potato & Egg Taco Mini Strawberry Cream Bagel Homemade Salsa Orange Juice Milk Choice	
W E E K 1	25 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice	26 Breakfast Bar w/Mini loaf Mini Blueberry Waffle Breakfast Smoothie w/Muffin Orange Juice Milk Choice	27 Breakfast Pizza Mini Strawberry Cream Bagel Orange Juice Milk Choice	28 Pancake on a Stick Chocolate Filled Crescent Breakfast Smoothie w/Muffin Orange Juice Milk Choice		

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LUNCH MENU						*NEW FOOD ITEMS
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	LUNCH MEAL PRICES:
W E E K 1					1 Nachos Supreme Golden Chicken Tenders Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	REDUCED \$.40 FULL PRICE \$2.75 ADULT \$3.50
W E E K 2	4 Meat Balls Whole wheat toast Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices	5 Philly Cheese Steak Meatball Sub Sandwich Baked French Fries Baby Carrots Banana Fruit Cocktail	6 Street Tacos Carne Guisada Romain lettuce w/Diced Tomatoes Pinto Beans and Spanish Rice Seedless Grapes Diced Pears	7 Beef & Cheese Lasagna Cheese Ravioli Twisted Cheese Breadstick Green Beans Romaine/ Cherry Tomatoes Fresh Orange Tasty Applesauce	8 Hot & Spicy Boneless Wings Chili Cheese Dog Baby Carrots Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	A LA CARTE SIDE DISH \$0.50 EXTRA MILK \$0.50 EXTRA FRUIT \$0.50 EXTRA VEGGIE \$0.50
W E E K 1	11 Oven Baked Chicken Pulled Pork Sliders Creamy Mashed Potatoes Cooked carrots Romaine/ Carrots Shredded Dinner Roll Fresh Apple	12 Asian Teriyaki Bowl w/Fried Rice Egg Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail	13 Cheese Enchiladas w/Meat Sauce Pinto Beans Spanish Rice Seedless Grapes Diced Pears	14 Chicken Fajita Burrito Chicken Fajita Bowl Green Beans Romaine Salad w/ Tomatoes Watermelon	15 Nachos Supreme Golden Chicken Tenders Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
W E E K 2	18 Meat Balls Whole wheat toast Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices	19 Philly Cheese Steak Meatball Sub Sandwich Baked French Fries Baby Carrots Banana Fruit Cocktail	20 Street Tacos Carne Guisada Romain lettuce w/Diced Tomatoes Pinto Beans and Spanish Rice Seedless Grapes Diced Pears	21 Beef & Cheese Lasagna Cheese Ravioli Twisted Cheese Breadstick Green Beans Romaine/ Cherry Tomatoes Fresh Orange Tasty Applesauce	22 Hot & Spicy Boneless Wings Chili Cheese Dog Baby Carrots Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	CONDIMENTS: Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo Gravy Salsa
W E E K 1	25 Oven Baked Chicken Pulled Pork Sliders Creamy Mashed Potatoes Cooked carrots Romaine/ Carrots Shredded Dinner Roll Fresh Apple	26 Asian Teriyaki Bowl w/Fried Rice Egg Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail	27 Cheese Enchiladas w/Meat Sauce Pinto Beans Spanish Rice Seedless Grapes Diced Pears	28 Chicken Fajita Burrito Chicken Fajita Bowl Green Beans Romaine Salad w/ Tomatoes Watermelon		STISD Child Nutrition Dept. (956)514-4230

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PIZZA & MORE MENU					Menu subject to change without notice	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					1 Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	MEAL PRICES: REDUCED \$.40 FULL PRICE \$2.75 ADULT \$3.50 A LA CARTE SIDE DISH \$0.50 EXTRA MILK \$0.50 EXTRA FRUIT \$0.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate CONDIMENTS: Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo STISD Child Nutrition Dept. (956)514-4230
4	Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	5 Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	6 Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	7 Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	8 Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
11	Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	12 Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	13 Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	14 Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	15 Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
18	Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	19 Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	20 Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	21 Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	22 Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
25	Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	26 Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	27 Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	28 Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail		

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