

REGULAR LINE (Grade 9-12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
Spaghetti W/Meat Balls Whole Wheat Toast Bread Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Parmesan Cheese	Chicken Alfredo w/Fettuccini WW Toast Bread Romaine w/Cherry Tomato Green Beans Fresh Orange Tasty Applesauce CONDIMENTS: Ranch Dressing	Beef & Cheese Enchiladas w/Meat Sauce Spanish Rice, Pinto Beans Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Jalapenos	Chicken Fried Steak 2 oz Dinner Roll, Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Nachos Supreme Steamed Corn Romaine/Tomatoes Fresh Apple, Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
12	13	14	15	16
Asian Teriyaki Bowl Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup	Oven Roasted Chicken Creamy Mashed Potatoes Romaine/Carrots Shredded Bread Slice Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Brown Gravy	Crispy Tacos Romaine w/Diced Tomatoes Pinto Beans, Spanish Rice Seedless Grapes Watermelon Diced Pears CONDIMENTS: Jalapenos	Beef & Cheese Lasagna or Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Golden Chicken Tenders, 2 oz. Dinner Roll Romaine/Carrots Shredded Roasted Red Potatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ranch Dressing, Ketchup, Mustard, Mayo, Gravy
19	20	21	22	23
Spaghetti W/Meat Balls Whole Wheat Toast Bread Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Parmesan Cheese	Chicken Alfredo w/Fettuccini WW Toast Bread Romaine w/Cherry Tomato Green Beans Fresh Orange Tasty Applesauce CONDIMENTS: Ranch Dressing	Beef & Cheese Enchiladas w/Meat Sauce Spanish Rice, Pinto Beans Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Jalapenos	Chicken Fried Steak 2 oz Dinner Roll, Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Nachos Supreme Steamed Corn Romaine/Tomatoes Fresh Apple, Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
26	27	28	29	30
Asian Teriyaki Bowl Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup	Oven Roasted Chicken Creamy Mashed Potatoes Romaine/Carrots Shredded Bread Slice Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Brown Gravy	Crispy Tacos Romaine w/Diced Tomatoes Pinto Beans, Spanish Rice Seedless Grapes Watermelon Diced Pears CONDIMENTS: Jalapenos	Beef & Cheese Lasagna or Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Golden Chicken Tenders, 2 oz. Dinner Roll Romaine/Carrots Shredded Roasted Red Potatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ranch Dressing, Ketchup, Mustard, Mayo, Gravy

Milk Choices:

A La Carte **1% Low Fat Milk** **Fat Free Chocolate Fat Free Milk**
Lunch Entrée , \$1.50 **Side Dish, \$0.50** **Extra Fruit, \$0.50** **Extra Milk, \$0.50**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Cafeteria Menu for South Texas ISD
Menu subject to change without notice

PIZZA AND MORE (Grade 9-12)

June 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
Hamburger Pepperoni Pizza French Fries Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Bean/Cheese Burrito Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Pepperoni Pizza French Fries Cucumber Salad Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	Spicy Chicken Sandwich Veggie Pizza Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Ham/Cheese Sandwich Pepperoni Pizza Steamed Corn Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
12	13	14	15	16
Hamburger Pepperoni Pizza French Fries Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Bean/Cheese Burrito Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Pepperoni Pizza French Fries Cucumber Salad Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	Spicy Chicken Sandwich Veggie Pizza Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Ham/Cheese Sandwich Pepperoni Pizza Steamed Corn Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
19	20	21	22	23
Hamburger Pepperoni Pizza French Fries Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Bean/Cheese Burrito Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Pepperoni Pizza French Fries Cucumber Salad Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	Spicy Chicken Sandwich Veggie Pizza Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Ham/Cheese Sandwich Pepperoni Pizza Steamed Corn Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
26	27	28	29	30
Hamburger Pepperoni Pizza French Fries Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Bean/Cheese Burrito Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Pepperoni Pizza French Fries Cucumber Salad Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	Spicy Chicken Sandwich Veggie Pizza Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Ham/Cheese Sandwich Pepperoni Pizza Steamed Corn Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing

Milk Choices: 1% Low Fat Milk Fat Free Chocolate Fat Free Milk

A La Carte Lunch Entrée, \$1.50 Side Dish, \$0.50 Extra Fruit, \$0.50 Extra Milk, \$0.50

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Cafeteria Menu for South Texas ISD
Menu subject to change without notice

June 2017

BREAKFAST (Grade 9-12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
Kolache WG OR Cereal w/Graham Crackers Fresh Fruit (Apple) Orange Juice Milk Choice	Barbacoa Taco OR Double Cho. Chip Muffin Fresh Fruit (Banana) Homemade Salsa Orange Juice Milk Choice	Ham Cheese Croissant OR Smucker Uncrustable, Fresh Cantaloupe Watermelon Orange Juice Milk Choice	Chorizo & Egg w/Toast OR Cereal w/Toast Fresh Fruit (Apple/Orange) Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast OR Cereal w/Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice
12	13	14	15	16
Bacon Egg w/biscuit OR Cereal w/Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice	Breakfast Pizza OR Yogurt Parfait w/Strawberries Fresh Fruit (Banana) Orange Juice Milk Choice	Potato & Egg w/Bread Slice OR Mini Pancakes (Maple) Watermelon Orange Juice Milk Choice	Beef Tamales OR Cereal w/Graham Crackers Whole Apple/Orange Homemade Salsa Orange Juice Milk Choice	Mini Pancakes (Maple) OR Cereal w/Graham Cracker Fresh Fruit (Apple) Orange Juice Milk Choice
19	20	21	22	23
Kolache WG OR Cereal w/Graham Crackers Fresh Fruit (Apple) Orange Juice Milk Choice	Barbacoa Taco OR Double Cho. Chip Muffin Fresh Fruit (Banana) Homemade Salsa Orange Juice Milk Choice	Ham Cheese Croissant OR Smucker Uncrustable, Fresh Cantaloupe Watermelon Orange Juice Milk Choice	Chorizo & Egg w/Toast OR Cereal w/Toast Fresh Fruit (Apple/Orange) Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast OR Cereal w/Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice
26	27	28	29	30
Bacon Egg w/biscuit OR Cereal w/Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice	Breakfast Pizza OR Yogurt Parfait w/Strawberries Fresh Fruit (Banana) Orange Juice Milk Choice	Potato & Egg w/Bread Slice OR Mini Pancakes (Maple) Watermelon Orange Juice Milk Choice	Beef Tamales OR Cereal w/Graham Crackers Whole Apple/Orange Homemade Salsa Orange Juice Milk Choice	Mini Pancakes (Maple) OR Cereal w/Graham Cracker Fresh Fruit (Apple) Orange Juice Milk Choice

Milk Choices: **1% Low Fat Milk** **Fat Free Chocolate** **Fat Free Milk**

A La Carte

Breakfast **\$1.25** **Extra Fruit** **\$0.50** **Extra Milk or OJ** **\$0.50**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.